



Inside all of us there is a desire to seize the day! Olaf, with his eternal upbeat outlook on life and a smile that goes on forever, represents the part of me I want to pass on to everyone I meet. Keep smiling... it makes everyone wonder what you're up to!

Philadelphia Marathon 2015



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A Desire to Make a Difference

"I like the feeling of belonging to something bigger than myself," notes Vivian. "When I began working with Dr. Dickey I caught the narrative bug. I realize now how beneficial it can be to 'tell your story' to others who get you, who work in the same field you do regardless of their title and position. From clinicians to students to support staff everyone has a story and it's just waiting to be told." She is a member of the Lehigh Valley Health Network Ethics committee, the Neonatal ICU Hypothermia committee, and the LVHN Nursing Advisory committee. She is also involved in Lauren's Hope Foundation, a non-profit helping improve the lives of children and their families who live with neurologic injury.

The Narrative Initiative

Vivian Foulke is the Executive Administration and the organizational mastermind behind the success of **The Narrative Initiative**. She works with Dr. Dickey to bring people in health care together to address staff-identified barriers to providing high-quality health care experiences for patients, their families, and health care staff using research-based, published facilitated narrative techniques. Some topics include resiliency, the wounded healer, compassion fatigue, professionalism, dignity therapy and the principles of Family-Centered Care.



The Rest of the Story

Vivian has been involved in Neonatal nursing for over 30 years. She graduated from the Pennsylvania College of the Health Sciences with her BSN and was inducted into Sigma Theta Tau International Nursing Honors Society. She is a Professor at DeSales University as a clinical instructor for the Maternal-Child rotation for nursing students. She recently received her IBLCC certification and assists new mothers with their efforts to effectively breastfeed their new babies. Vivian is also an accomplished tennis player and runner. She recently completed the Philadelphia marathon in 4 hr 11 min on her 50th birthday. She has her sights set on qualifying for the Boston marathon in 2017. Vivian lives in Allentown, PA, with her husband. They have three fabulous children now all grown. They have two fur babies, Olivia the cat, and Maxie, their dachshund.

**Do more of what makes you
happy!**